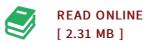




Everyday Bento 50 Cute and Yummy Lunches to Go

By Wendy Thorpe Copley

Tuttle Publishing. Paperback. Book Condition: New. Paperback. 120 pages. Dimensions: 8.3in. x 8.0in. x 0.5in. Everyday Bento is packed with ideas for fun, delicious lunches. AlphaMom. comYour kids will look forward to lunch every single day with the delightful collection of recipes in Everyday Bento! The bento food movement teaches us that foods can be attractive, nutritious, fun and delicious all at the same time. Kids love to try foods that bring a smile to their faces, and will often eat things they wouldnt otherwise try. For example, theyll love an adorable bear cub made from brown bread, peanut butter and jelly nestled on a bed of blueberries. Cut watermelon into hearts, and tuck them next to a ham sandwich shaped like ballet slippers for your budding ballerina. Create building bricks from healthy cheese, carrots and cucumbersor a hot dog octopus, swimming across a sea of cucumber. Picky eaters or not, theyll try it! Wendy Thorpe Copley writes the popular bento blog Wendolonia, which takes the traditional Japanese concept of bentoa single meal packed at home in a reusable containerand Americanizes it. Using simple ingredients found in any grocery store, Wendy creates entertaining meals that are sure to delight even the most finicky...



Reviews

Merely no words to spell out. It is amongst the most awesome publication i have read. Your life span will likely be transform as soon as you full reading this book.

-- Marvin Okuneva

Completely among the best publication I have got at any time go through. I have got go through and so i am confident that i will likely to read again once more down the road. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Zachery Mertz